

BABINDA GROUP FITNESS

SUITABLE
FOR ALL
AGES AND
FITNESS
LEVELS

- ✓ Mon 6pm Metafit (30mins)
- ✓ Tues 6pm Cardio Combo
- ✓ Wed 6pm 20/20/20*
- ✓ Thurs 9am 20/20/20*

*20/20/20 is a combo of cardio, light weights & body exercises

We are located behind the State Hotel

 Find us on Facebook - Babinda Group Fitness

For more information call Kathy 0419 810 946

GROUP
EXERCISE
CLASSES

